

## GROWTH RECORD

**Y**our child's health care provider will measure your child's height and weight regularly. Your child's head size will also be measured during the first 2 years of life. These measurements will help you and your health care provider know if your child is growing properly. Use the growth charts on pages 10 -13 to keep track of your child's growth. If you need help using these charts, ask your health care provider.

Date/Age    Weight    Height    Head Size

[illegible]

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[illegible]